

# The I.R.S.

## ILLEGAL RELATIONSHIP SYNDROME

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Are you a law-abiding citizen?? Or are you habitually breaking the law of joyful living by becoming involved in "Illegal Relationships"? What are Illegal Relationships? These are relationships that are in violation of, contrary to, and/or unauthorized domain of your emotional, mental, physical and spiritual stability.

It has been my experience that we are spending too much time in these Illegal Relationships. We are not honoring ourselves enough and we are just accepting whatever the people are throwing our way.

Illegal relationships can consist of Husband and Wife, Man and Woman, Friend and Friend, Mother and Daughter, Father and Son, and yes even Employer and Employee relationships.

This is why the subject of Illegal Relationship Syndrome needs to be addressed. It's tax season again!!! We need to prepare our IRS returns. AND IT'S NOT YOUR 1040EZ FORM. Yes, we need to make an assessment of our current relationships. Does your relationship fall into the Illegal Relationship Syndrome (IRS)?

We know that if we do not properly and accurately complete the government's IRS forms we can be penalized. Sometimes these mistakes can often lead to audits, fees, etc. If we don't properly address those associations that are not productive, the same losses are applicable to our personal lives.

Here are some symptoms of the Illegal Relationship Syndrome or (IRS):

- **Locked Up** - In jail and bondage to harmful addictions and sin. This person is "**Spiritually Incarcerated**"
- **Blocked Up**- Blessings flow is jammed up, while addictions and sin clog our lifeline. This person is "**Spiritually Constipated**"
- **Trapped Up**- All boxed in, with no means of escape. This person is on "**Locked Down**"

Let's be real, Illegal Relationships Syndrome (IRS) can destroy Covenant Relationships (hear me married people). Sometimes we have to pack up and move in order to protect these relationships from the IRS. We may have to move to another city, church or change our phone number. Whatever it takes, GO OUT and DO IT!!! We should distance ourselves from all illegal ties with anyone or anything that threatens to steal the joy from our lives. Also, we should remember to be on guard and to protect our hearts. Illegal Relationship Syndrome (IRS) loves to play house in our HEARTS. We must arrest, apprehend and adjudicate IRS from our lives today. Keep not only the peace, but we must keep our peace!!! And if, we see others suffering from IRS, we must help them recover in Honesty, Truth, and in LOVE. WE do not want anyone Spiritually Constipated or Spiritually Incarcerated, or Locked Down. Lets not forget to check our Hearts, too!



Tongela's Helpful IRS tips for this Season

Be sure to take emotional, mental, physical, and spiritual inventory of your current relationships.

Once your assessment is completed, identify your role in these relationships. Are you a mediator, dictator, or prisoner? Can you recognize the IRS symptoms in your relationships??? If you can, the following tips can help you out this IRS season:

1. Remember: Love suffers long and is kind; love does not envy; love does not parade itself, love is not puffed up; **1Cor 13:4**
2. You must love your neighbor as yourself; **Matt 22:39**
3. Get out of your country from your family and from your fathers house to a land I will show you; **Gen 12:1**
4. But with the temptation, He will also make the way to escape "**EXIT**" **1Cor 10:13**
5. The peace of God which surpasses all understanding will guard your hearts and minds **Phil 4:7**
6. Out of the heart flow the issues of life. **Prov 4:23**
7. Guard your heart **Prov 4:23**